#### Petr Hájek

Czech Technical University in Prague Faculty of Civil Engineering, Department of Building Structures



## Progressive precast and demountable construction system from HPC for sustainable and resilient buildings





The adaptation of humans to changing conditions should be supported by higher performance quality and resilience of the whole built environment

Structures and all built environment should be better prepared for new conditions – they should be *sustainable* and *resilient* 



#### **Role of concrete and concrete structures**

- New situations require new technical solutions for construction of new and reconstruction of existing structures.
- Concrete is material with high potential for new technical solutions resulting in environmental impact reduction
- High structural safety, reliability, and higher fire resistance of concrete results in a high resistance to extreme conditions during natural disasters
- With respect to specifics of concrete it is possible to design **robust structures with high level of resilience** when faced to the natural or man-made disasters.



## advanced technological and structural principles



### **Optimisation of concrete mixture**

- use of cement with reduced environmental impacts
- use of recycled concrete in new concrete mix
- concrete constituents from waste materials (fly ash, microsilica, etc.)
- new types of composite materials with programmed mechanical properties (SCC, FRC, HPC, UHPC etc.)





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### **Shape optimisation**

- more effective structural shape
- material savings 30 60%
- lighter structures savings on supporting structures
- lower costs / environmental impacts from construction, transport and demolition



#### Thermal mass of concrete

- thermal activated concrete core
- reduction of energy consumption especially for cooling
- improvement of internal environment



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#### **Advanced concrete technologies**

#### TRC – textile reinforced concrete

2D and 3D textile reinforcement

#### Self cleaning concrete surface

photocatalytic titanium dioxide – self-cleaning effect

#### **Transparent concrete**

utilisation of optic fibres

#### **3D printing**

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#### **Advanced structural principles**

## utilisation of concrete light frame in low energy buildings

Thermal mass Acoustic properties Horizontal rigidity Fire safety

## precast elements with integrated functions

## composite timber – concrete structures





#### **Renovation and conversion**

Conversion of granery into students hostel Oslo - Norway

Conversion of water tower into 40 students flats Jaesbergborg - Denmark

#### Deconstruction and demountable structures



BLD



## Demountable structures and reuse of components

**Big Dig House** Lexington, MA | 2006, SsD architects

Prototype building demonstrating how infrastructural refuse can be salvaged and reused, the structural system for this house is comprised of steel and concrete discarded from Boston's Big Dig highway







## Recycling and use of recycled materials in concrete technology

utilization of secondary materials from other industry sectors in concrete fly ash, silica fume, slag

## utilization of recycled concrete into new concrete

recycled gravel aggregate

#### utilization of recycled concrete for production of other materials embankments



#### Importance of reuse and reconstruction



# conceptual and integrated design



ertical "village" – 20 floor levels: 130 x 21 m

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414 mainly mesonet flats for 1600 inhabitants

Internal shopping street, recreational area with swimming pool on the roof; kinder garden on the roof Le Corbusier, Unite d Habitation - Marseille

#### **MASDAR CITY – United Arab Emirates**

10 km<sup>2</sup> 50 000 inhabitants, 60 000 commuting 1500 firms completion 2020 - 2025

Masdar Abu Dhabi

**Clean energy:** incl. power generation and storage technologies, transportation technologies, cleantech/clean energy innovation, and sustainable biofuels.

**Environmental resources:** including water and waste management, and sustainable agriculture technologies.

Energy and material efficiency: including developments in advanced materials, building and power-grid efficiency, and the enabling technologies.

Environmental services: including environmental protection and business services.

#### Bridge across Zelivka river, Vojslavice, Czech Republic

#### **Composite RC-timber load bearing frame**

#### Aspern – Wien - Austria





## concept of light RC frame for energy efficient buildings



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#### **Concept of structural system for SB**

#### Load bearing structure – slender RC frame

- subtle columns from HPC
- optimised RC floor structure

## Non-load bearing structures – based on renewable materials

- facade envelope and roof structure: light timber frame heavily insulated by thermal insulation
- partitions: light timber structure

## Integration of load bearing structure into building envelope







#### **Concept of structural system for SB**

#### advantages from sustainability viewpoint

- subtle elements material savings
- use of recycled materials material savings
- thermal mass of concrete structure energy savings
- high mechanical resistance and space rigidity
- fire safety
- good acoustic parameters of floor structure
- flexibility large spans up to 9 x 9 m, flat ceiling
- fast construction precast structural concept
- durability, easy maintenance
- design for dismounting + demountable joints



#### Light precast frame for passive house

#### Load-bearing structure:

- light RC frame from HPC
  - subtle columns
  - RC floor

## Envelope and internal partitions

 timber framed structure filled with thermal insulation



#### Family house in Prague Modrany

- first floor is created by subtle RC frame
- floor structures are from filigree floor system
- envelope and partitions are from timber structure
  - energy passive standard







#### **OSEEB: Precast concrete frame for SB**

#### concept of load-bearing frame

- subtle precast elements
  use of HPC (FC 70/85)
- optimised shape of columns
  C shape
- lightened floor panels
  fillers from recycled materials
- flat ceiling prestressed flat girders and floor panels
- flexibility spans up to 9 x 9 m
  cross post tensioning
- foundation from recycled concrete
- fast construction
- design for dismounting
  - Peikko corbels joints



#### **Light floor panels**

#### floor panels – optimization of lightening



187:

- Weight
- Acoustic airborn sound
- Fire safety
- Environmental impact

Liapor concrete



#### Prototype of pre-stressed floor panel





#### **Pre-stressed floor panels**

#### prestressed floor panels | RC floor panels







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## Experimental verification of floor panels







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#### **Pre-stressed floor flat girders**

#### prestressed floor girders







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#### **Prototypes of subtle columns**







#### **Demountable connections**

#### **RC columns with Peikko corbels**



## construction of experimental **OSEEB** frame



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#### **Construction of experimental frame**

#### **BASIC DATA**

- location: Buštěhrad, Kladno, CTU in Prague, UCEEB
- construction: February April 2016
- load tests: 30.06.16 a 07.07.16





#### **Construction of experimental frame**





#### **Construction of experimental frame**





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#### Load testing of experimental frame









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#### Load testing of experimental frame







#### **Concept of prefabricated fasade**

Alt. 1 timber frame fasade panels







#### construction: July 2018

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#### **Concept of prefabricated fasade**

Alt. 2 timber frame fasade panels + TRC









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#### Life Cycle Assessment





## conclusions



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#### conclusion

 Sustainability should become a basic concept - an "umbrella" for high quality design and operation of concrete structures through entire life cycle – considering all three pillars – social, environmental and economic.

 Environmental assessment should be solved using existing standard methodologies of LCA and economic pillar using standard methodologies of LCC.



#### in shorter periods

- use of recycled materials:
  - precast foundation elements from recycled concrete

#### precast elements from HPC / UHPC:

conclusion

- subtle construction reduction of concrete use
- thin facade envelope with integrated load bearing structure
- demountable precast structure:
  - dissemblance and recycling
- combination of concrete and timber structures:
  - use of renewable materials









conclusion

## Optimized concrete structures

### using new types of concrete in advanced technologies can significantly contribute to

## sustainability and resilience



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#### fib Commission 7 - Sustainability





#### Thank you for attention

fib PhD Symposium 2018 Prague Aug. 29-31 12th fib International PhD Symposium in Civil Engineering CESB 19 Prague July 2-4 **5th International Conference Central Europe towards Sustainable Building** fiblecs 2020 Prague Sept. 23-25 **3rd International Conference** on Concrete Sustainability





# How Doggie and Pussycat baked a cake

Josef Čapek







It was Doggie's birthday and Pussycat's name-day and thus they decided to make a cake

"We will put everything we like in that cake, and then it will taste the best."





They put into cake all their favourite food:

suggar, chocolate, nuts, milk, eggs, strong cheese, bacon, gherkins, cream, garlic, onion, pepper, cabbage, mouse, spicy sausages, etc.

They mixed it together and baked it in the oven.....

And they put a cake outside to cool down





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When Doggie and Pussycat came for a cake, they couldn't find it.

But instead they saw a big bad dog with a stomachache.





## now the lesson:

- mixing excellent components does not guarantee excellent result
- interaction of components and subsystems should be considered
- Holistic approach considering all components their interaction and essential aspects of sustainability represents a key approach to design and construction of structures

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